

# First Aid Courses



**Red Cross is the world's largest provider of first aid training with 110 years' experience in Australia.**



## First aid volunteer

Become a first aid responder. Make a difference and provide immediate assistance in emergencies.



## General first aid course

Learn essential first aid skills to handle emergencies following an injury or accident.



## CPR (Cardiopulmonary resuscitation) course

Know how to save a life with CPR techniques when someone's breathing or heartbeat has stopped.



## Book your first aid course

Expand your first aid knowledge by finding the right course for you from our extensive online selection. Scan the QR code below for both non-accredited and nationally recognised courses, plus self-paced online learning, and specialist courses.



## First aid kits

Scan the QR code below to explore our online store that offers a variety of products, kits, and defibrillators for all your personal or workplace first aid requirements. Whether you need a first aid kit or are looking to refill an existing one, we have you covered.



We're offering Freight & Trade Alliance members & staff a 15% discount on future courses. Use the code **FTA15** booking on our website checkout to receive your discount. *Code expires December 2026.*

[www.redcross.org.au/firstaid/](http://www.redcross.org.au/firstaid/)

First aid is one of the greatest acts of humanity. Learning life-saving skills can save lives.

## Find out more

Customer Support Team  
First Aid and Mental Health  
Australian Red Cross

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[Email: learn@redcross.org.au](mailto:learn@redcross.org.au)

